

For Immediate Release: May 10 – July 11, 2010 • Please add to listings/announcements

**“The only thing that will stop you from having what you want  
once you have it, is you.”**

Theatre Symbiosis presents  
**THE FOUR MINUTE MILE**  
By Kevin Morris

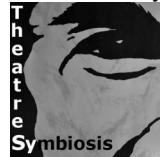
Nobody believed it was possible to run a mile in four minutes... except Roger Bannister, the man who first achieved it fifty-six years ago. **The Four Minute Mile** is a touching and funny look inside the life of a motivational speaker, Len, who encourages others to believe in the possibility of their dreams, just as Roger Bannister did.

Len has always aspired to greatness, but when he achieves all of his own life, love and career goals he discovers that what drives us isn't always what makes us happy. In a culture of self-help books, seminars and multi-million dollar celebrity motivational speakers, what happens if we get what we want, only to discover we don't really want it?

Originally developed as part of the Pivotal Arts Write Now! Festival, **The Four Minute Mile** premiered as a workshop production in March 2010. An exciting updated version will premiere at the Toronto Fringe Festival.

**THE FOUR MINUTE MILE**

Presented by



As part of



**Toronto's Theatre Festival**  
Written by Kevin Morris

Directed by Daniella Marchese  
Produced by Sarah Olmstead

Production Management by Jamie Sample

Starring Trevor Small, Suzette McCanny, Daryl Knight  
Helen Gardiner Phelan Playhouse

79A St. George Street (South of Harbord)

Friday, July 2 at 7:00pm

Saturday, July 3 at 12:00pm

Sunday, July 4 at 10:45pm

Monday, July 5 at 2:45pm

Tuesday, July 6 at 10:30pm

Friday, July 9 at 3:30pm

Sunday, July 11 at 7:30pm

All tickets \$10 at the door, or book in advance by calling the Fringe Hotline at 416.966.1062  
or online at [www.fringetoronto.com](http://www.fringetoronto.com)

Fringe Passes are also available after June 5, 2010

For show info please visit [www.theatresymbiosis.com](http://www.theatresymbiosis.com)

**Media Contact:**

Theatre Symbiosis representative: [publicity@theatresymbiosis.com](mailto:publicity@theatresymbiosis.com) / 416.768.5746

Fringe representative: [fringe@flip-publicity.com](mailto:fringe@flip-publicity.com) / 416.533.7710 x.231